# Easy Plate EC

# **Instruction Manual**



## **CAUTION!**

- 1. Do not attempt to eat this product, touch the growth area with bare hands or allow the medium to get into eyes.
- 2. Please make sure to read the precautions and instructions in this Instruction Manual before attempting to use the device and exercise extreme caution when using it.

Easy Plate EC is a microbiological culture device made up of a waterproof sheet, a readymade dry medium on the sheet and a transparent cover over the medium. The Easy Plate EC method is intended to indicate the level of *Escherichia coli* and coliform bacteria in selected food products. It is compact and easy to use, and reduces the total amount of waste produced during testing. The Easy Plate EC method has been granted AOAC Research Institute Performance Tested Methods<sup>SM</sup> (031601) for raw beef, raw pork, raw frozen pork, raw lamb, raw salmon, frankfurter sausage and cooked ham.

#### **Procedure**

## 1. Sample preparation

- 1) Weigh each 50 g test portion into a blender jar.
- 2) Add 450 mL Butterfield's phosphate-buffered diluent (BPD) and blend for up to 2 minutes. For a recipe of BPD, see the FDA website (BAM Reagents R11).
- 3) Prepare all decimal dilutions with 90 mL BPD plus 10 mL previous dilution.
- 4) Shake 25 times in a 30 cm arc.

#### 2. Inoculation

- 1) Remove each Easy Plate EC sheet from an aluminum bag under aseptic conditions.
- Place the sheet on a flat surface and allow it to reach room temperature (15-25°C).
- 3) Lift the cover and place 1 mL sample suspension onto the center of the medium.
- 4) Drop the cover onto the sample.
- Do not use the sheet with a bent cover to ensure the sample spreads on the entire medium.
- 5) Leave the sheet for 3 minutes or more on a horizontal surface.

  Do not move or tilt the sheet until solidification of the suspension is completed to avoid the sample being spilled out from the growth area.
- 6) Hold both ends of the sheet and carry it into an incubator.
  The sheets can be held after the solidification without any time restriction.

## 3. Incubation

Incubate the sheets at  $35 \pm 1\,^{\circ}\mathrm{C}$  for  $24 \pm 1$  hours. It is possible to stack up to 25 sheets.

# 4. Interpretation

Medium contains two kinds of colorimetric enzyme substrate, Magenta-Gal and X-Gluc. Count pink/red purple colonies for non-*E. coli* coliforms except for *E. coli* and navy blue/blue purple colonies for E. coli. The suitable colony counting range is 1-250.

# Trouble shooting for counting colonies:

- a) When a number of colonies per sheet exceeds 250, for all dilutions, record the count as too numerous to count (TNTC). If an estimated count is required, count colonies within 1-3 squares (1 cm x 1 cm) printed on the cover and calculate an average. Multiplying the average number by 20 provides the estimated count since the circular growth area is approximately 20 cm<sup>2</sup>.
- b) Not every Escherichia coli forms navy blue/blue purple colony.
- c) *Escherichia coli* O157 is detected as non-*E. coli* coliform and forms red purple colonies because it does not produce β-glucuronidase.
- d) Escherichia blattae is not detected because it does not produce β-

galactosidase.

e) *Aeromonas hydrophila* and some of *Serratia* species are detected as non-*E. coli* coliform and form red purple colonies because they have ability to produce β-galactosidase.

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- f) When the entire growth area becomes colored, record the count as too numerous to count (TNTC).
- g) When a bubble disrupts a colony so that the colony outlines the bubble, count it as one colony.
- h) When a colony spreads, count it as one colony.
- When two or more spreading colonies appear to originate from separate sources, count each source as one colony.
- j) When the sample is not clear (i.e. cloudy or dark), prepare a higher dilution.
- k) When the entire growth area becomes colored due to food components involving the chromogenic reaction, prepare a higher dilution.

#### 5. Colony isolation

Lift the cover and pick a single colony from the gel.

#### **Cautions**

- 1) This product is not for clinical testing.
- This product has not been tested with all possible food products, food processes, test protocols or strains.
- 3) Do not open the cover until just before inoculation.
- 4) Do not use the product after its expiry date.
- 5) Do not use the product that is damaged, deformed or discolored, or that contains any foreign materials.
- 6) Do not expose the product to direct sunlight.
- 7) Do not push the cover after inoculation to avoid sample suspension being spilled out from a growth area.
- 8) If sample suspension spilled out from a growth area, try again with a new sheet.
- If medium or reagent gets into eyes or mouth, rinse immediately with plenty of water and consult a doctor.
- 10) Analysis needs to be performed under a laboratory analyst with microbiological training and supervision. All waste must be handled as a biohazard and disposed by autoclaving.

## Storage

Keep in the refrigerator (2-8°C).

The product can be stored below 25°C for up to 14 days or below 30°C for up to 5 days before opening an aluminum bag. Storage at 25°C and 30°C have not been validated under AOAC Research Institute PTM 031601.

## Storage after opening the bag

Put any unused sheet back into the bag, fold the end of the bag over twice, and seal with tape. The shelf life under refrigerated condition is 3 months after opening.

# Shelf life

Expiry date is specified on the product label after the word "EXP". The shelf life of the product is 18 months after manufacturing if it is stored properly without opening the bag.

# Disposal

Any and all media, supplements, and reagents must be sterilized by autoclaving after use, and then disposed as industrial waste according to local laws and regulations.

# Warranty

Kikkoman Biochemifa Company warrants the products to have a certain level of quality. This warranty guarantees that Kikkoman Biochemifa Company shall replace defective products should any be found. This warranty does not provide any other guarantees. Kikkoman Biochemifa Company shall not be liable for any damages, including special or consequential damages, or expenses arising directly or indirectly from the use of this product.

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